

**Mountain Cloud COVID-19 Liability Waiver**

*The following text is based on a waiver developed by the Sonoma Mountain Zen Center of California.*

I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by entering Mountain Cloud Zen Center (MCZC) and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at MCZC may result from the actions, omissions, or negligence of myself and others, including, but not limited to, MCZC employees, practitioners, volunteers, and visitors.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with entering MCZC. I hereby release, covenant not to sue, discharge, and hold harmless MCZC, its employees, agents, and representatives, of and from all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any claims based on the actions, omissions, or negligence of the Mountain Cloud Zen Center, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after entering Mountain Cloud Zen Center.

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Name (First, Last)

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Signature

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Date